

Making it Happen 'OUR WAY'

The 4th Annual CAN-HELP
Consumer & Family Member Conference
will be held in Kenora
at the Best Western, Lakeside Inn & Convention Centre
on October 26th and 27th, 2002

Keynote Speakers:

Pai Capponi is an author, journalist, speaker and social activist.

David Reville has built an international reputation as an advocate for reforms to the mental health system. David is a principle in David Reville and Associates which does social research and community development.

Diana Capponi is the Executive Director of OCAB (Ontario Council of Alternative Business) and is devoted to the development of employment opportunities for psychiatric survivors.

Workshops will include:

The Hearing Voices Workshop will give family members an opportunity to experience what it is like to hear voices from the consumer's perspective – limited space available.

Consumer Run Business in Rural Ontario

Lyn Smith (Abel Enterprises) will be telling us how they make consumer business work in a small town, how they got started and where they are going from here.

Quality Assurance in the Kenora / Rainy River District

The final report from the Quality Assurance Project will be presented.

**REGISTRATION FORMS TO FOLLOW SOON
FOR MORE INFORMATION CALL 807-467-8280
OR TOLL FREE AT 1-866-872-0408**

Making it Work 'FOR US'



Can-help is a community investment fund initiative sponsored by: Canadian Mental Health Association – Fort Frances Branch
and funded by: The Ministry of Health & Long Term Care, Ontario

Registration Form

Name: _____

Address: _____

Phone: _____

Check One
Consumer _____
Family Member _____
Service Provider _____

Please check if you would like to attend the
"Hearing Voices" Workshop _____

Do you require a Hotel Room? _____

Will you share? _____

With whom _____

Smoking _____ Non-Smoking _____

We are able to subsidize hotel, meals and travel costs for consumers and family within the Kenora / Rainy River District - we do encourage car pooling if available.

Service Providers Please include a check for \$100.00

Please fax to: 807-468-2220
or mail to: CAN-HELP Program
205 - 2nd St S., 2nd Floor
Kenora, On P9N 1G1

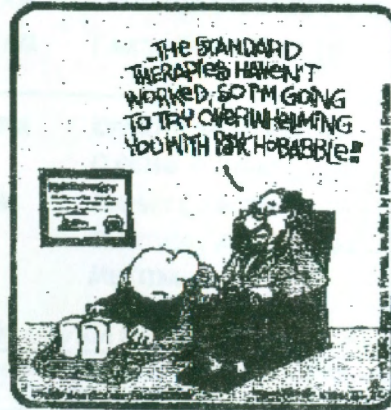
**Deadline for Registration is
October 7th, 2002**

Can-Help facilitates the development of grass-root networks of support, self-help and education for the seriously mentally ill and their families in the Kenora / Rainy River District.

Can-Help is a community investment fund initiative sponsored by: Canadian Mental Health Association - Fort Frances Branch and Funded by the Ministry of Health & Long Term Care.

Sunset Country Psychiatric Survivors (SCPS) is a self help support network for persons in the Kenora / Rainy River District who have or have had a personal mental health problem.

SCPS is a Consumer Initiative funded by the Ministry of Health & Long Term Care.



Canadian Mental Health Association
Fort Frances
Box 446
Fort Frances, On P9A 3M8
Phone: (807) 274-2347
Fax: (807) 274-2473
Toll Free 1-866-872-0408

MAKING IT HAPPEN *Our Way*

THE CANHELP PROGRAM
PRESENTS

THE 4TH ANNUAL
CONSUMER & FAMILY
CONFERENCE

October 26 & 27, 2002
at the Kenora Lakeside Inn
& Convention Center

MAKING IT WORK
For Us

CO-SPONSORED BY
SUNSET COUNTRY PSYCHIATRIC SURVIVORS

Empowerment
through
Employment

KEYNOTE SPEAKERS

Pat Capponi has carved out a career as an author, journalist, speaker, and social activist. She has written extensively on mental health, addictions and poverty issues, including *Upstairs in the Crazy House* and *Dispatches from the Poverty Line*.

David Reville is a founder of several groundbreaking community organizations including *On Our Own*, a self-help group of psychiatric survivors. David served two terms on Toronto City Council and two terms in the Ontario Legislature. Between 1990 and 1994, David served as Special Advisor to the Premier of Ontario. Today, David is a principal in *David Reville & Associates* which does social research and community development.

Diana Capponi is a psychiatric survivor and a strong advocate for the survivor community. She is a founder and current Executive Director of the Ontario Council of Alternative Businesses.

YOU GAIN STRENGTH, COURAGE
AND CONFIDENCE BY EVERY
EXPERIENCE IN WHICH YOU REALLY
STOP TO LOOK FEAR IN THE FACE.
YOU ARE ABLE TO SAY TO YOURSELF,
"I LIVED THROUGH THIS HORROR
I CAN TAKE THE NEXT THING
THAT COMES ALONG."
YOU MUST DO THE THING YOU
THINK YOU CANNOT DO.
-ELEANOR ROOSEVELT-

AGENDA

SATURDAY, OCTOBER 26, 2002

- 12⁰⁰ PM REGISTRATION / LIGHT LUNCH
- 1⁰⁰ PM WELCOME / OPENING REMARKS
- 1³⁰ PM KEYNOTE SPEAKER DAVID REVILLE
- 3³⁰ PM QUALITY ASSURANCE PROJECT
- 5³⁰ PM SUPPER / AWARDS CEREMONY
- 7³⁰ PM KEYNOTE SPEAKER PAT CAPPONI
- 9⁰⁰ PM ENTERTAINMENT / KARAOKE

SUNDAY, OCTOBER 27, 2002

CONCURRENT WORKSHOPS

- 8³⁰ AM HEARING VOICES WORKSHOP
- 8³⁰ AM ABEL ENTERPRISES WORKSHOP
- 10³⁰ AM CONSUMER GROUP MEETING
- 10³⁰ AM FAMILY GROUP MEETING

-
- 12³⁰ PM KEYNOTE SPEAKER DIANA CAPPONI
CLOSING REMARKS
 - 2⁰⁰ PM SUNSET COUNTRY PSYCHIATRIC
SURVIVORS ANNUAL GENERAL
MEETING



WORKSHOPS

Hearing Voices Workshop (through Community Mental Health Support Services), for interested family members. The purpose of the workshop is to allow participants a glimpse into the lives of people trying to function normally and perform tasks while experiencing "voices". There is a limit of 20 spaces available for this workshop, so please sign up early. Preference will be given to family members.

Lyn Smith from Abel Enterprises will be presenting on consumer run businesses in rural Ontario. She will explain how Abel Enterprises got started, what challenges it faced and where they are going from here.

For more information about this Conference or the Sponsoring Organizations please contact us at (807) 467-8280 in Kenora or toll free at 1-866-872-0408 from anywhere in Northwestern Ontario.

